



Adult Medical Day Care in New Hampshire



The Most Fiscally Responsible Option for Long Term Care

- “Adult Medical Day programming reimbursement rate = \$49.24 per day x 250 days per year = \$12,310 annually
 - Provide services to clients between 4-12 hours per day for the fixed rate of \$49.24
- Nursing Home Rates between \$150 -\$175/Day
- Adult Day Programs save \$46,000 per Medicaid Nursing Home Resident



Stagnant Rates

- There has been no increase in the Medicaid reimbursement rate of \$49.24 since 2007.
- The average cost of providing care to an Adult Day client is approximately \$75-\$90/day depending on their level of care.
- Most costs for healthcare providers to provide services rise by 2%-3% per year, and on a national average the cost of healthcare services increase approximately 4% per year.
- Massachusetts pays \$60.60 per diem for “basic level of care” and \$75.95 for “complex level of care”. The majority of Medicaid patients in NH would fall into the “complex level of care” based on the medical criteria.
- New Hampshire Medical Adult Day Programming on average is keeping 258 Medicaid patients out of a more expensive institutions annually
- If these patients were institutionalized in nursing homes it would cost Medicaid an extra \$9,490, 500 per year.



Value Added Services



- An Individual comprehensive medical care plan is created for each patient based on their individual diagnoses, level of care and personal goals .
- Nursing care from Registered Nurses (RN), Licensed Practical Nurses (LPN) and Licensed Nursing Assistants (LNA) which include blood sugar monitoring, obtaining vital signs, weight monitoring, and medication administration.
- Ongoing medical assessments which can identify early signs of infections, respiratory and cardiac issues and problems associated with diabetes.
- Assistance with Activities of Daily living such as toileting, feeding assistance including tube feedings, ambulation
- Cognitive and socialization activities which help reduce the symptoms of depression and possibly delay memory impairments.




Desire To Continue Services

- There were 33 Adult Medical Day Programs in NH in 1993. In 2016, there are 18 Programs
- The primary reason for these closures is poor Medicaid funding
- If Medicaid reimbursement rates for Adult Medical Day Programming does not improve, many adult day programs around the state will be in jeopardy of closing.
- Multiple Adult Medical Day Care Programs consistently run a deficit each year. It is estimated that this deficit is between 60,000 and 80,000 per year..



Desire To Continue Services

- Adult Medical day Programming is an important source of respite care, providing comprehensive programming especially tailored to meet the needs of adults who require supervision and assistance during the day/allowing much needed respite time for family/caregivers.
- NH is aging faster than any other New England State. With the anticipated number of aging baby boomers, the need for Adult Day Programming will only increase. It is hoped that NH Adult Day programs will be able to meet the needs of the communities we serve in the future. * According to the Centers for Disease Control and Prevention, approximately half of the United States population has at least one chronic condition. Adults age 65 and older, 75 percent of whom have chronic conditions, are expected to make up 19% of the population by 2030, compared with 12% in 2000.



Concerns and Resolutions

Moving Forward from Phase 1

- Transportation- Need consistency with which company is picking up individual. Too many changes with time of pick up and change of company is upsetting and confusing to providers and participants/families
- Prior Authorization- Needing to do this every three months is a time consuming process for MCO to approve and providers to gather info. It is unlikely one's Parkinsons, or Alzheimers, etc... will be improving at this age.
- Time with approving medication- Denial on test strips to check blood glucose makes RN wonder if it's a low blood sugar or stroke, expensive ER visit or orange juice